

## Positively Hopeful During the COVID Crisis

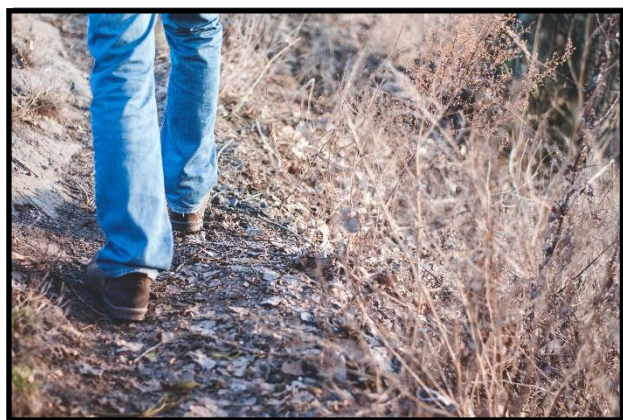
**Paul Boscariol \ \**

During the past year we have experienced many times of darkness and uncertainty resulting from the COVID pandemic. During that time it was a challenge for many to maintain hope and have a positive outlook. Unfortunately, everyone had to find their own way to cope.

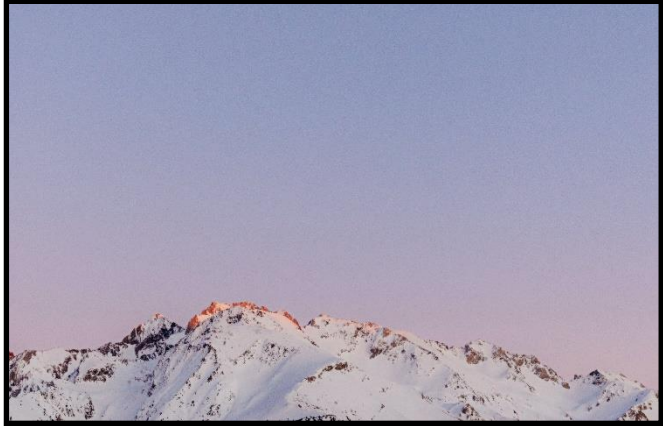
For me, at the beginning, I found being hopeful a little difficult because the COVID pandemic continued to change daily throughout the world. Everything remained grim with all the people getting sick and all those who had died. However, the hard work of scientists and their discoveries as to how COVID was being transmitted and the quick development of possible vaccines held out hope. When they began clinical trials of the vaccines and the outcomes were positive my hopefulness increased. I continue to become more hopeful as every day I see the positive outcomes from the immunizations, the hard work the doctors and nurses in the hospitals helping those afflicted with COVID and the many people in society that are following the COVID safety guidelines.

During the pandemic I found many things that helped me maintain a positive outlook. First of all, I am fortunate to have family even though they are all far from here. We talk often on the telephone or via Skype and Zoom. Zoom was especially good because we were able to have all the family present, especially my daughter who lives in Australia and one niece who lives in London, England. It was so nice to be able to see and hear everyone. The second positive for me is my mother who celebrated her 92nd birthday in January. She still lives at home and is very resilient, happy and in good health.

I am truly fortunate to be living in Nelson, even though we are dealing with a pandemic. Living here I can go out frequently for walks with my wife along the pathway at Lakeside or on the rail trail. I feel much better following our walks because the exercise is good for both the body and the mind. Another positive while out walking, is



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that I can see other people. During the winter I ski at Whitewater. I really enjoy being outside in the snow and fresh air going down the runs at the ski hill. The special days at Whitewater are those when the sun is shining brightly in the sky and you can see all the mountain tops in the distance. During a sunny day it is difficult to not have a positive attitude.

The ultimate hope is that with increasing immunizations we are seeing a bit of light in what has been a dark time, and that we will soon leave the pandemic behind us and return to a normal life. \\

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## Nelson Italian Canadian Society

The Nelson Italian Canadian Society was founded in 1972. Its objectives are the promotion and organization of cultural, folkloristic, recreational, social, educational and sporting activities. In the past, the Society also served to protect the rights of Canadians of Italian origin.

The Society promotes numerous initiatives in the area of Nelson, especially those related to the Italian Canadian community, the strengthening of relations with other ethnic groups, and cooperation and assistance in the management of social, cultural and educational projects for the benefit of the community.

The Nelson Italian Canadian Society welcomes citizens of the Nelson area that have Italian heritage to become a member and enjoy the company, food and cultural activities that are part of the heritage. The Society's 50th anniversary is in 2022 and it hopes to celebrate with all members.

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